

THE CONFESSION LIST

Before praying through your forgiveness list, read these verses out loud together as a reminder of God's unconditional love for you, and the assurance of His grace and forgiveness because of what Jesus did for you on the cross...

Psalm 51:17 "The sacrifices of God are a broken spirit; a broken and contrite heart, O God, you will not despise."

1 John 1:9 "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."

Romans 8:1 "Therefore, there is now no condemnation for those who are in Christ Jesus..."

Hebrews 10:17 "...Their sins and lawless acts I will remember no more."

Isaiah 43:25 "I, even I, am the one who wipes out your transgressions, for My sake; and I will not remember your sins."

Psalm 32:1-5 "Blessed is he whose transgressions are forgiven, whose sins are covered. Blessed is the man whose sin the Lord does not count against him and in whose spirit is no deceit. When I kept silent, my bones wasted away through my groaning all day long. For day and night your hand was heavy upon me; my strength was sapped as in the heat of summer. Then I acknowledged my sin to you and did not cover up my iniquity. I said, 'I will confess my transgressions to the Lord' - and you forgave the guilt of my sin."

Proverbs 28:13 "He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy."

Psalm 103:10-12 "He does not treat us as our sins deserve or repay us according to our iniquities. For as high as the heavens are above the earth, so great is his love for those who fear him; as far as the east is from the west, so far has he removed our transgressions from us."

Psalm 34:18 "The Lord is close to the brokenhearted and saves those who are crushed in spirit."

Psalm 103:2-4 "Praise the Lord, O my soul, and forget not all his benefits. who forgives all your sins...who redeems your life from the pit and crowns you with love and compassion..."

PRAY THROUGH YOUR LIST with your trusted friend, and then tear up your list as a tangible picture of how your sins have been removed in Christ.